



**NEWS RELEASE
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NOVA SCOTIA CADET NAMED CANADA'S OUTSTANDING ARMY CADET



(Ottawa)- August 2020 – The Army Cadet League of Canada (ACL), the Royal Canadian Legion, Dominion Command and the Commander National Cadet & Junior Canadian Ranger Support Group are pleased to announce that **Canada's outstanding Army Cadet and recipient of the 2020 General Walsh Commemorative Sword is Cadet Chief Warrant Officer (CWO) Sara Lynn Greenough of Bridgewater, NS and member of the 2688 Bridgewater Kinsmen, Royal Canadian Army Cadet Corps.** An official award presentation ceremony will be organized by the Nova Scotia Branch of the ACL at an appropriate time.

The General Walsh Memorial Sword is the highest national award for any Army Cadet. The award was created by the ACL in honour of Lieutenant General Geoffrey Walsh, CBE, DSO, CD, who served as Colonel Command of the Army Cadets and is a founding member of the ACL. In 2004, The Royal Canadian Legion established an award for "Outstanding Cadets" selected from each of the three cadet elements, Sea, Army and Air. In 2005, it was decided to combine the two awards.

Cadet Greenough C/CWO Greenough is a recipient of the Royal Canadian Legion Cadet Medal of Excellence, the Lord Strathcona medal and Army Cadet Service Medal. She is a distinguished marksman, and has participated in both, biathlon and the National Expedition Program. While she excels academically, Sara Lynn is also a remarkable musician, a talented athlete and is heavily active in her community.

"CWO Greenough is not just a superstar as an Army Cadet but she has mastered a wide and varied range of life skills", says Captain Barteaux, her Commanding officer. "She is focused on excellence and strives to be the best she can be while keeping a compassionate and caring eye open for those whom she can assist along the journey", he adds.

"On behalf of The Royal Canadian Legion I commend Sara for her superior skills and attitude, which resulted in this award and will help her forge an amazing path into the future," says Dominion President Thomas D. Irvine, CD. "Young cadets such as Sara serve as a true inspiration to others."

Under normal circumstances, the recipient of this award would travel to Ottawa, as the guest of the Royal Canadian Legion and to represent Army Cadets from across the country to attend the November 11th Remembrance Day ceremony at the National War Memorial, as part of the Vice-Regal party. Unfortunately, due to COVID-19, and the travel restrictions for cadets, this will not be possible.

About The Royal Canadian Legion

Founded in 1925, the Legion is Canada's largest Veteran support and community service organization. We are a non-profit organization with a national reach across Canada as well as branches in the U.S., Europe and Mexico. With close to 260,000 members, many of whom volunteer an extraordinary amount of time to their branches; our strength is in our numbers. For more information visit: www.legion.ca.

About the Royal Canadian Army Cadets

The Royal Canadian Army Cadets is a federally sponsored program for young Canadians ages 12 to 18 that develops in youth attributes of leadership, good citizenship, and physical fitness, while stimulating interest in the Canadian Armed Forces. There are currently over 18,000 Army cadets in more than 400 cadet corps across the country. For more information visit: www.cadets.ca.



About the Army Cadet League of Canada

The Army Cadet League of Canada is a civilian, community-based, non-profit organization dedicated to supporting the Royal Canadian Army Cadets. For over 40 years, the League has sponsored Army Cadets corps and solicited public interest for the program, all the while promoting the objectives of the Canadian Cadet Movement, in general. For more information about the Army Cadet League of Canada, visit www.armycadetleague.ca.

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